

ITEMS TO BRING TO FOOTBALL CAMP

Winter Camps:

Required Items:

- Mouthpiece ([available for purchase](#))
- Helmet with chin strap ([available for rent](#))
- Football shoes (no metal or metal-tipped cleats allowed)
- Water Bottle

Suggested Items to Bring:

- Compression Shorts

Optional Items to Bring:

- One item you may want to get signed (put your name on it). Please be aware that autograph opportunities may not be available at all camps. Please inquire before attending.
- Athletic Supporter and Cup
- Inexpensive camera (the little throw away cameras work great)
- Snacks/Lunch